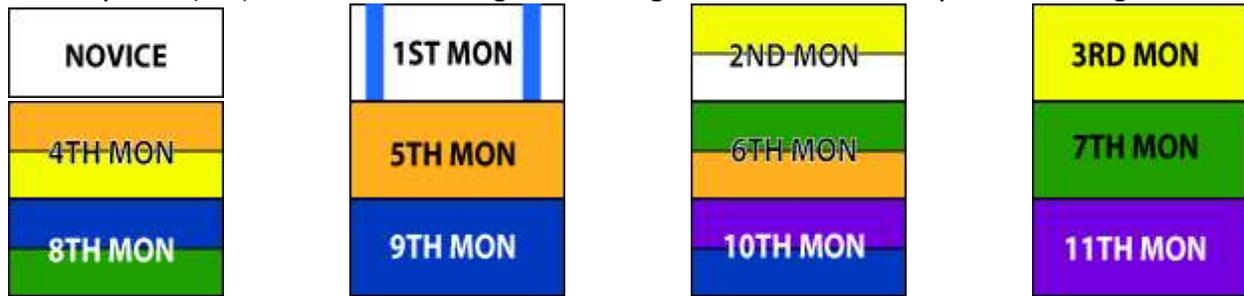


# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

### INTRODUCTION

At Silicon Valley Judo (SVJ) there are 11 Mon grades. The grades are indicated by the following colored belts:



Promotion within the Mon (pronounced like “Moan”) grades is based on technical knowledge and understanding, together with Japanese terminology and supplementary knowledge. The intention is to provide a defined basis for the encouragement and appreciation of the techniques, etiquette and cultural aspects that make up modern day judo.

The syllabus is designed to widen the knowledge of students by adding increasingly difficult techniques that are appropriate for their age and experience. Silicon Valley Judo respects the history, development, and evolution of judo and we try to place a certain amount of emphasis on these aspects in our teachings. Students must not only demonstrate the physical techniques of judo, but also have an understanding of Japanese terminology, dojo etiquette, and the principles of judo.

### PROCEDURE

Once the minimum requirements for age, number of practices attended and months-in-grade are met, the student can request to take a pre-test. After successful passing of the pre-test, the student can schedule an official test. Official tests are given at the end of classes and **must be scheduled 2 weeks in advance**.

### TESTING FEE

A non-refundable exam fee is payable during the scheduling of the official test. The instructors will do their best to counsel the students on the knowledge required for the successful promotion to the next rank. However, it is possible to fail the examination.

In the case of a failure of an exam, students will be informed of the areas that were not satisfactory and encouraged to continue practicing. Any exam fees paid will be applied to the student’s next promotion test.

The exam fee is currently \$40. There are no fees for successful promotion and new belt.

### *Important Notes:*

- 1. Candidates can only be graded one grade at a time. (See Fast Tracking)***
- 2. Although there is no contest requirement in this promotion syllabus, judoka are encouraged to participate in competition of the appropriate level for their age and experience. There are many competitive opportunities which can be used to supplement the judoka’s technical development.***

# Silicon Valley Judo

JUNIOR MON GRADE PROMOTION SYLLABUS

NOVICE – 1<sup>ST</sup> MON



**Minimum Age: 6 years old**

**Minimum # of Practices: 8** (PreJudo practices will be counted toward this requirement)

**Months-in-Grade: 4** (student must have been in Judo[includes time in PreJudo] for 4 months prior to exam)

**Passing Percentage: 50%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- Taiotoshi
- Kesa Gatame
- Taiotoshi into Kesa Gatame
- How to Bow (both a kneeling bow and a standing bow and when and where each is appropriate)
- Must be able to tie their belt in 30 seconds or less
- Back Fall
- Side Fall

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

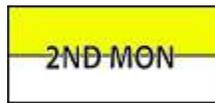
Candidates are required to:

- know the common English translations and meaning of all Japanese terminology used in this section
- translate the following Japanese words into their common English names and where appropriate explain their meaning:
  - **Judo**
  - **Gi**
  - **Obi**
- answer the question  
**Which country did Judo come from?**

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

1<sup>ST</sup> MON – 2<sup>ND</sup> MON



**Minimum Age: 7 years old**

**Minimum # of Practices: 16** (since last promotion)

**Months-in-Grade: 6** (student must have been in the previous rank for 6 months prior to exam)

**Passing Percentage: 50%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- Taiotoshi
- Ouchigari OR Kouchigari (student can choose either technique to show)
- Kesa Gatame
- Yoko Shiho Gatame
- Taiotoshi into Yoko Shiho Gatame
- Roll-Fall
- **Must be able to tie their belt in 20 seconds or less**

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- know the common English translations and meaning of all Japanese terminology used in this section
- translate the following Japanese words into their common English names and where appropriate explain their meaning:
  - Dojo
  - Sensei
  - Rei
  - Seiza
- answer the question
  - **Who is the founder of Judo?**

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

2<sup>nd</sup> MON – 3<sup>rd</sup> MON



**Minimum Age: 8 years old**

**Minimum # of Practices: 24** (since last promotion)

**Months-in-Grade: 6** (student must have been in the previous rank for 6 months prior to exam)

**Passing Percentage: 50%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- Taiotoshi
- Ouchigari
- Kouchigari
- Ippon Seoinage from the opposite grip (holding righty shooting lefty)
- Zenpogaiten
- 4 Throws from Set 1 (student chooses 4 techniques from Set 1 to be tested [Taiotoshi can be one of the four])
- 2 Pins from Set 1
- 1 Pin from Set 2

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- know the common English translations and meaning of all Japanese terminology used in this section
- translate the following Japanese words into their common English names and where appropriate explain their meaning:
  - **Tatami**
  - **Hajime**
  - **Matte**
  - **Kiai**
- answer the question
  - **What is the importance of hygiene? And what are the hygiene rules of the dojo?**

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

3<sup>rd</sup> MON – 4<sup>th</sup> MON



**Minimum Age: 8 years old**

**Minimum # of Practices: 24** (since last promotion)

**Months-in-Grade: 6** (student must have been in the previous rank for 6 months prior to exam)

**Passing Percentage: 50%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 4 Throws from Set 1 (student chooses 4 techniques from Set 1 to be tested [Taiotoshi can be one of the four])
- 2 Throws from Set 2
- 2 Pins from Set 1
- 2 Pins from Set 2
- 1 Turtle Turnover from the List
- Any Throw into Kami Shiho Gatame

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- know the common English translations and meaning of all Japanese terminology used in this section
- translate the following Japanese words into their common English names and where appropriate explain their meaning:
  - **Tori**
  - **Uke**
  - **Shommen**
  - **Ebi**
  - **Uchikomi**
- Explain the following concepts:
  - **Importance of safety in the dojo**
  - **Importance of helping others in Judo**

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

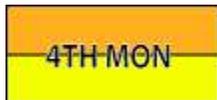
## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

### 4<sup>th</sup> MON – 5<sup>th</sup> MON



**Minimum Age: 9 years old**

**Minimum # of Practices: 24** (since last promotion)

**Months-in-Grade: 6** (student must have been in the previous rank for 6 months prior to exam)

**Passing Percentage: 55%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 4 Throws from Set 1 (student chooses 4 techniques from Set 1 to be tested [previous techniques can be used again])
- 1 Counter-Attack to 1 of the Throws from Set 1
- 4 Throws from Set 2
- 1 Pin from Set 1
- 3 Pins from Set 2
- 2 Turtle Turnovers from the List
- 1 Guard Sweep from the List

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- know the common English translations and meaning of all Japanese terminology used in this section
- translate the following Japanese words into their common English names and where appropriate explain their meaning:
  - **Kuzushi**
  - **Tsukuri**
  - **Kake**
  - **Ippon**
  - **Wazari**
  - **Yuko**
  - **Shido**
- Explain and/or show the following concepts:
  - **Importance of putting hard work into your Judo**
  - **Show the proper way to fold a Judogi**

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

5<sup>th</sup> MON – 6<sup>th</sup> MON



**Minimum Age: 9 years old**

**Minimum # of Practices: 32** (since last promotion)

**Months-in-Grade: 8** (student must have been in the previous rank for 8 months prior to exam)

**Passing Percentage: 55%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 2 Throws from Set 1 (student chooses 2 techniques from Set 1 to be tested [previous techniques can be used again])
- 2 Counter-Attack to 1 of the Throws from Set 1
- 6 Throws from Set 2
- 2 Throws from Set 3
- 1 Pin from Set 1
- 3 Pins from Set 2
- 1 Pin from Set 3
- 3 Turtle Turnovers from the List
- 1 Guard Sweep from the List

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- know the common English translations and meaning of all Japanese terminology used in this section
- translate the following Japanese words into their common English names and where appropriate explain their meaning:
  - Hikite
  - Tsurite
  - Osaekomi
  - Toketa
  - O
  - Ko
  - Soto
  - Uchi
- Explain and/or show the following concepts:
  - Mutual Welfare and Benefit

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

6<sup>th</sup> MON – 7<sup>th</sup> MON



**Minimum Age: 10 years old**

**Minimum # of Practices: 48** (since last promotion)

**Months-in-Grade: 12** (student must have been in the previous rank for 12 months prior to exam)

**Passing Percentage: 60%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 2 Throws from Set 1 (student chooses 2 techniques from Set 1 to be tested [previous techniques can be used again])
- 1 Counter-Attack to 1 of the Throws from Set 1
- 1 Combination from the Throws from Set 1
- 6 Throws from Set 2
- 1 Counter-Attack to 1 of the Throws from Set 2
- 4 Throws from Set 3
- 1 Pin from Set 1
- 2 Pins from Set 2
- 2 Pin from Set 3
- 4 Turtle Turnovers from the List
- 1 Guard Sweep from the List

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- know the common English translations and meaning of all Japanese terminology used in this section
- translate the following Japanese words into their common English names and where appropriate explain their meaning:
  - Nage
  - Seoi
  - Sonomama
  - Yoshi
  - Koshi/Goshi
  - Yame
  - Katame/Gatame
  - Te
  - Ashi
  - Sore Matte (Made)
  - Sankaku
  - Shime/Jime
- Explain and/or show the following concepts:
  - **Maximum Efficient Use of Energy, Mind & Body**

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

7<sup>th</sup> MON – 8<sup>th</sup> MON



**Minimum Age: 11 years old**

**Minimum # of Practices: 48** (since last promotion)

**Months-in-Grade: 12** (student must have been in the previous rank for 12 months prior to exam)

**Passing Percentage: 60%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 2 Throws from Set 1 (student chooses 2 techniques from Set 1 to be tested [previous techniques can be used again])
- 2 Counter-Attacks to 2 of the Throws from Set 1
- 2 Combinations from the Throws from Set 1
- 4 Throws from Set 2
- 1 Counter-Attack to 1 of the Throws from Set 2
- 6 Throws from Set 3
- 1 Pin from Set 1
- 2 Pins from Set 2
- 3 Pin from Set 3
- 5 Turtle Turnovers from the List
- 1 Guard Sweep from the List

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- Help others of lower rank pass their rank exams.

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

8<sup>th</sup> MON – 9<sup>th</sup> MON



**Minimum Age: 12 years old**

**Minimum # of Practices: 48** (since last promotion)

**Months-in-Grade: 12** (student must have been in the previous rank for 12 months prior to exam)

**Passing Percentage: 65%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 2 Throws from Set 1 (student chooses 2 techniques from Set 1 to be tested [previous techniques can be used again])
- 2 Counter-Attacks to 2 of the Throws from Set 1
- 4 Throws from Set 2
- 2 Counter-Attacks to 2 of the Throws from Set 2
- 1 Combination from the Throws from Set 2
- 8 Throws from Set 3
- 2 Chokes from Set 1
- 6 Turtle Turnovers from the List
- 2 Guard Sweeps from the List

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- Help others of lower rank pass their rank exams.

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

9<sup>th</sup> MON – 10<sup>th</sup> MON



**Minimum Age: 13 years old**

**Minimum # of Practices: 48** (since last promotion)

**Months-in-Grade: 12** (student must have been in the previous rank for 12 months prior to exam)

**Passing Percentage: 65%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 2 Throws from Set 1 (student chooses 2 techniques from Set 1 to be tested [previous techniques can be used again])
- 2 Counter-Attacks to 2 of the Throws from Set 1
- 4 Throws from Set 2
- 2 Counter-Attacks to 2 of the Throws from Set 2
- 2 Combinations from the Throws from Set 2
- 8 Throws from Set 3
- 2 Counter-Attacks to 2 of the Throws from Set 3
- 4 Chokes from Set 1
- 2 Chokes from Set 2
- 7 Turtle Turnovers from the List
- 3 Guard Sweeps from the List

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- Help others of lower rank pass their rank exams.

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.

# Silicon Valley Judo

## JUNIOR MON GRADE PROMOTION SYLLABUS

10<sup>th</sup> MON – 11<sup>th</sup> MON



**Minimum Age: 13 years old**

**Minimum # of Practices: 48** (since last promotion)

**Months-in-Grade: 12** (student must have been in the previous rank for 12 months prior to exam)

**Passing Percentage: 70%** (The passing percentage is low because the skills will be compared to a black belt standard for each technique. While the overall score will be released, the detailed line-by-line exam scores will not be)

## FUNDAMENTAL SKILLS

- 4 Throws from Set 1 (student chooses 2 techniques from Set 1 to be tested [previous techniques can be used again])
- 2 Counter-Attacks to 2 of the Throws from Set 1
- 4 Throws from Set 2
- 2 Counter-Attacks to 2 of the Throws from Set 2
- 8 Throws from Set 3
- 2 Counter-Attacks to 2 of the Throws from Set 3
- 2 Combinations from the Throws from Set 3
- 4 Chokes from Set 1
- 2 Chokes from Set 2
- 2 Chokes from Set 3
- 8 Turtle Turnovers from the List
- 4 Guard Sweeps from the List
- 1 Guard Pass from the List

## TERMINOLOGY AND SUPPLEMENTARY KNOWLEDGE

Candidates are required to:

- Help others of lower rank pass their rank exams.

## BONUS POINTS

Bonus percentage points can be earned toward a student's examination. A maximum of 20 points can be used toward that goal. All points must be earned while in your current grade. No points may be carried forward or "banked". Bonus points can be earned in the following ways:

- **Attending a recommended clinic will earn a student 2 points**
- **Participating in your first tournament ever will earn a student 4 points**
- **Participating in your second tournament ever will earn a student 2 points**
- **Participating in a tournament but not placing will earn a student 1 point**
- **Taking 3rd Place at a tournament will earn a student 2 points**
- **Taking 2nd Place at a tournament will earn a student 3 points**
- **Taking 1st Place at a tournament will earn a student 4 points**

## FAST-TRACKING

A Student showing an exceptional understanding and ability for Judo at their grade-level can move quickly through the ranks. Those who are able to earn a 90% (bonus points included) on any given test will have the option for taking the next examination immediately. The minimum requirements for # of practices and months-in-grade will be waived. No bonus points will carry over to the 2<sup>nd</sup> exam.